

When printing, please make sure your printer settings are set to print "Actual Size" to ensure the ruler on the sizing guide is accurate.

## Aspen® Cervical Collar Sizing Guide

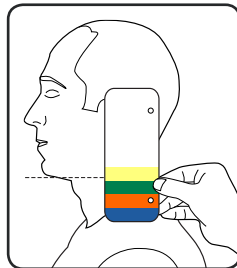
### CHECK FOR A GOOD FIT

1. The chin must be flush with the front of the chin piece plastic.
2. The FlexTabs™ on the front and back panels should be flexed.
3. The collar should be "snug" but not touch the tracheal area.

### PICK THE RIGHT SIZE

With the head in the neutral or desired position, place the guide on the highest point of the trapezius and flat against the side of the head.

Sight an imaginary perpendicular line from the bottom of the chin back to the guide and select the proper size Aspen Collar.



**EXTRA TALL**

**TALL**

**REGULAR**

**SHORT**

*Proper training in the use of this device should take place before it is applied.  
These directions are guidelines only and are not offered as medical recommendations.*

## Aspen® Pediatric Line Sizing Guide

### A PROPER FIT AS EASY AS 1-2-3

#### 1. Chin-Dots hidden?

The chin must be flush with the front of the chin piece plastic.

#### 2. Hook and Loop past mark?

Back panel plastic must overlap the sides of the front panel.

#### 3. FlexTabs™ bent?

The FlexTabs on the front and back panels should be flexed.

### SIZING GUIDELINES

PD 1		<b>1 - 18 months</b> <b>weight</b> 11 - 29 lbs (5 - 13 kg) <b>length</b> 21 - 33 in (53 - 84 cm)
PD 2		<b>9 - 24 months</b> <b>weight</b> 22 - 33 lbs (10 - 15 kg) <b>length</b> 29 - 37 in (74 - 94 cm)
PD 3		<b>1 - 3 years</b> <b>weight</b> 24 - 36 lbs (11 - 16 kg) <b>length</b> 33 - 40 in (84 - 102 cm)
PD 4		<b>2 - 5 years</b> <b>weight</b> 26 - 42 lbs (12 - 19 kg) <b>length</b> 35 - 45 in (89 - 114 cm)
PD 5		<b>3 - 6 years</b> <b>weight</b> 27 - 54 lbs (12 - 25 kg) <b>length</b> 37 - 48 in (94 - 122 cm)

**Aspen**  
MEDICAL PRODUCTS

Life Changing Innovation

Please Refer to Pediatric Collar Instruction Sheet for More Information.

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