

How do I know which pillow is right for me?

Use the table below to determine which pillow is right for you.

Therapeutic	Features	Will suit
Posturelle	<ul style="list-style-type: none"> Designed by French spine specialist Unique 'extension' supports sensitive upper vertebrae Specially contoured to discourage pain aggravating movements 	<ul style="list-style-type: none"> Sufferers of chronic neck pain Back sleepers only
Medi Rest	<ul style="list-style-type: none"> Australian university tested Waved surface prides airflow 'passage' during sleep Shoulder recess encourages side sleeping Optional height neck supports (4 ¾" & 5 ¾") Recommended by physiotherapists and chiropractors 	<ul style="list-style-type: none"> Side sleepers Others who require encouragement to sleep on their side
Comfort	Features	Will suit
Comfort Classic	<ul style="list-style-type: none"> Australian university tested Medium height (4 ¾") High density foam moulds to changing head positions 	<ul style="list-style-type: none"> Large framed back sleepers Adult side sleepers Medium height pillow lovers
Impression Low Line	<ul style="list-style-type: none"> Low height (4") High density visco elastic foam moulds to changing head positions 	<ul style="list-style-type: none"> Children Small framed adult side sleepers Adult back sleepers Water bed sleepers Low height pillow lovers
Impression Classic	<ul style="list-style-type: none"> Australian university tested Medium height (4 ¾") High density visco elastic foam moulds to changing head positions 	<ul style="list-style-type: none"> Large framed back sleepers Adult side sleepers Medium height pillow lovers
Contoured	Features	Will suit
The Caress	<ul style="list-style-type: none"> Contoured shape Dual height edges: 5 ¼" and 4" 600 foam "massage fingertips" 	<ul style="list-style-type: none"> Large framed adult back sleepers Adult side sleepers

		<ul style="list-style-type: none"> • Medium height pillow lovers
Multi Profile	<ul style="list-style-type: none"> • Australian university tested • Unique 'butterfly' shape and contour gives 'wrap around' support around the collar region • Inner 'cradle' gives support right under the chin • Dual height edges: 5 ¾" and 4" • Provides correct sleeping spinal alignment 	<ul style="list-style-type: none"> • All back and side sleepers • Both medium and low height pillow lovers • Sleepers who like a pillow to 'cuddle'
High Profile	<ul style="list-style-type: none"> • Australian university tested • Optional neck support height of 5 ¾" and 4" • Provides ideal support for correct sleeping spinal alignment 	<ul style="list-style-type: none"> • Medium and larger framed adult side sleepers • Both high and medium height contoured pillow lovers
Low Profile	<ul style="list-style-type: none"> • Australian university tested • Optional neck support heights of 4 ¾" and 4" • Provides correct sleeping spinal alignment 	<ul style="list-style-type: none"> • Smaller framed adult side sleepers • Back sleepers